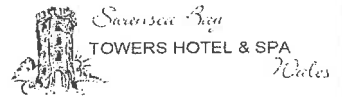




The Towers Hotel & Spa



Menu

Starters / Light Bites

Classic Prawn Cocktail with Marie Rose Dressing - **£7.00**
 Moroccan Spiced Falafel with Houmous and Tzatziki (v) - **£6.50**
 Indian Spiced Vegetable Samosas with Mango Chutney and Raita (v) - **£6.50**
 Salt and Pepper Squid with Lemon Aioli - **£7.00**

Freshly Made Soup with Fresh Baked Bread - **£6.00**
 House Pate offered with Onion Marmalade and Warmed Toast - **£6.95**
 Southern Fried Chicken Wings with Chipotle Mayo - **£6.50**

Salads

Chicken Caesar Salad - £7.00 Starter / £12.50 Main

Little Gem Lettuce, Boiled Egg, Parmesan Cheese, Garlic Croutons and our House Dressing topped with Chargrilled Chicken Breast

Teriyaki Marinated Salmon, Chicken or Tofu - £12.50

Served on a bed of Salad Leaves with Asian Slaw

Main Dishes

Traditional Roast Dinner - £12.95

Choice of Meat, or Nut Roast, served with All the Trimmings, and our Homemade Gravy

Classic Fish and Chips - £12.95

Cod Fillet with Mushy Peas and Hand Cut Fries (A Choice of Crispy Beer Battered, Simply Grilled or Topped with Cheese)

Chicken Madras Curry - £12.50

Served with Rice, Popadom's, and Chutneys

Also Available as Vegetarian with Seasonal Mushrooms (v)

Penne Pasta Pesto - £11.50 (v)

*Pasta with Fresh Green Vegetables and Garlic Bread Slice
Add Chicken - £13.00*

Grilled Fillet of South Coast Plaice - £13.95

Served with Boiled Potatoes and Peas

Baked Breast of Chicken, wrapped in Bacon, topped with Melted Cheese in a Rich Barbeque Sauce - £12.95

Served with Coleslaw and Hand Cut Chips

From The Chargrill

8oz Fillet Steak - **£22.00**

10oz Sirloin Steak - **£18.95**

Trio of Lamb Chops - **£14.50**

12oz Gammon Steak with a fried egg or Glazed Pineapple Slice - **£13.95**

Butterflied Breast of Chicken Marinated in Garlic and Thyme - **£13.50**

All grills served with Tomato, Mushrooms and Hand Cut Fries.

Towers Prime Beef, Chicken or Veggie Burger - £12.50

Chargrilled 6oz Beef Steak Patty, Chargrilled Chicken Breast or a Fried Butternut Squash, Goats Cheese and Beets Patty in a Bun with Coleslaw and Hand Cut Fries

Add Burger Toppings:

Melted Cheese - **£1.00**

Bacon - **£1.50**

Double Up - **£4.00**

Sides

Breaded Wholetail Scampi	£4.00
Tempura King Prawns with Sweet Chilli	£5.00
Peppercorn Sauce	£2.50
Garlic Butter	£1.50
Onion Rings	£2.50
Garlic Bread	£3.00
Garlic Bread with Cheese	£3.50
Freshly Baked Bread	£1.50
Garden Salad	£3.00
Hand Cut Fries	£2.50
Medley of Seasonal Vegetables	£3.00
Peas	£2.00

Please ask your server for today's specials

Please advise a member of staff if you have any allergies or dietary requirements.

Desserts from **£5.50**
 Welsh Cheese Platter **£7.95**