

The Towers Hotel & Spa

Menu



Starters / Light Bites

Classic Prawn Cocktail with Marie Rose Dressing - **£6.50**

Moroccan Spiced Falafel with Houmous and Tzatziki (v) - **£6.50**

Indian Spiced Vegetable Samosas with Mango Chutney and Raita (v) - **£6.50**

Salt and Pepper Squid with Lemon Aioli - **£6.50**

Tuscan Seasoned Meat Balls in a Tomato and Basil Ragout - **£6.50**

Freshly Made Soup with Fresh Baked Bread - **£6.00**

House Pate offered with Onion Marmalade and Warmed Toast - **£6.50**

Southern Fried Chicken Wings with Chipotle Mayo - **£6.50**

Seared Sesame Tuna with Wasabi Mayonnaise - **£7.50**

Welsh Rarebit: *Caerphilly Cheese, Mustard and Beer Glaze on Rustic Toast with Seasonal Mushrooms* (v) - **£7.00**

Salads

Chicken Caesar Salad - £7.00 Starter / £12.50 Main

Little Gem Lettuce, Boiled Egg, Parmesan Cheese, Garlic Croutons and our House Dressing topped with Chargrilled Chicken Breast

Greek Salad (v) - £7.00 Starter / £12.50 Main

Mixed Leaf, Lettuce, Red Onions, Tomato, Olives, Sun blushed Tomato, Feta Cheese and Pitta Bread

Teriyaki Marinated Salmon, Chicken or Tofu - £12.50

Served on a bed of Salad Leaves with Asian Slaw

Main Dishes

Traditional Roast Dinner - £12.50

Choice of Meat, or Nut Roast, served with All the Trimmings, and our Homemade Gravy

Classic Fish and Chips - £12.50

Cod Fillet with Mushy Peas and Hand Cut Fries (A Choice of Crispy Beer Battered, Simply Grilled or Topped with Cheese)

Chicken Madras Curry - £12.50

Served with Rice, Popadom's, and Chutneys

Also Available as Vegetarian with Seasonal Mushrooms (v)

Penne Pasta Pesto - £11.50 (v)

Pasta with Fresh Green Vegetables and Garlic Bread Slice
Add Chicken - £13.00

Grilled Fillet of South Coast Plaice - £13.50

Served with Boiled Potatoes and Peas

Baked Breast of Chicken, wrapped in Bacon, topped with Melted Cheese in a Rich Barbeque Sauce - £12.50

Served with Coleslaw and Hand Cut Chips

From The Chargrill

8oz Prime Fillet Steak - **£22.00**

10oz Sirloin Steak - **£18.95**

Trio of Lamb Chops - **£14.50**

12oz Gammon Steak with a fried egg or Glazed Pineapple Slice - **£13.50**

Butterflied Breast of Chicken Marinated in Garlic and Thyme - **£12.50**

All grills served with Tomato, Mushrooms and Hand Cut Fries.

Towers Prime Beef, Chicken or Veggie Burger - £11.50

Chargrilled 6oz Beef Steak Patty, Chargrilled Chicken Breast or a Fried Butternut Squash, Goats Cheese and Beets Patty in a Bun with Coleslaw and Hand Cut Fries

Add Burger Toppings:

Melted Cheese - **£1.00**

Bacon - **£1.50**

Double Up - **£4.00**

Sides

Breaded Wholetail Scampi **£4.00**

Tempura King Prawns with Sweet Chilli **£5.00**

Peppercorn Sauce **£2.50**

Garlic butter **£1.50**

Onion Rings **£2.50**

Garlic Bread **£3.00**

Garlic Bread with Cheese **£3.50**

Freshly Baked Bread **£1.50**

Garden Salad **£3.00**

Hand Cut Fries **£2.50**

Medley of Seasonal Vegetables **£3.00**

Peas **£2.00**

Please ask your server for today's specials

Please advise a member of staff if you have any allergies or dietary requirements.

Desserts from **£5.50**
Welsh Cheese Platter **£7.95**